



Head, Shoulders, Knees and Toes



Listen here- Head, shoulders, knees and toes



Linking language and body parts!
Practise labelling the body parts together before singing the song- encourage children to find their head etc.



Look at you!
Provide mirrors and encourage children to look at their faces- discuss what they see e.g. eyes, eye colour, shapes they see on their face, etc.

The same and different
We all have similar body parts but we all look different. Discuss similarities between us and differences- positive attitudes towards people





Put your...

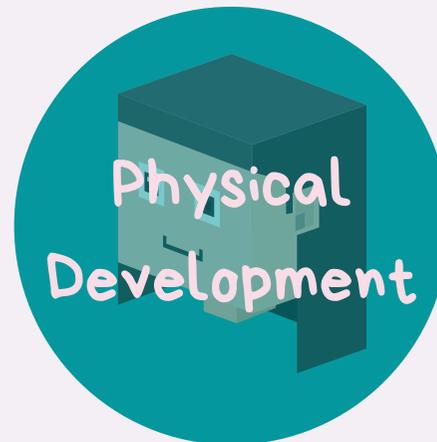
Put your head on the floor.

Put your hand on the floor.

Put your nose on the floor.

Touch your ears.

Etc.



What can your bodies do?
Think about and model what
our bodies can do- set up
obstacle courses and see what
you can do!

Explore the senses

Provide opportunities for children to explore their
senses e.g. scooping flowers from the water tray,
cutting lavender, playing musical instruments



Body Parts

Draw around one of the children and label body parts together. Identify initial sounds and write them if you can. You could also write the labels and ask children to match them.



Create small world representatives of ourselves
Stick photos of the children and you to make stick puppets, yoghurt pot puppets or similar.
Encourage storyline development in their play.

Draw your friend

Provide chinks (or rolls of paper and pencils) and encourage children to draw around their friends- great large scale pencil control

Linked Stories

Whose toes are those?
From Head to Toe

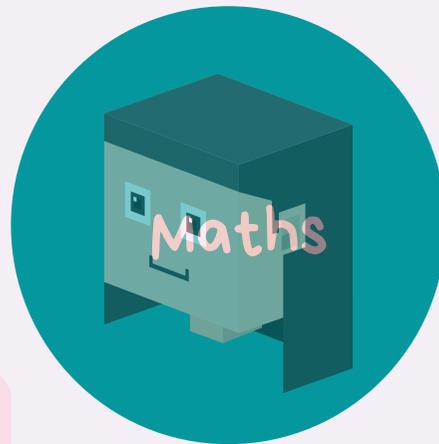
Label your friend

Write body parts or initial sounds on post it notes and stick them to your friend in the right place.



Patterns

The song is a pattern. Can you make other body patterns? Start with ABAB patterns and then make them more complex. Encourage children to copy, continue and make their own.



Exploring shape

Use shapes to make a body and a face. You could use paper plates and then make a face on it with a range of shapes.

Comparing size

Create hand and foot prints and cut them out together. Who has the biggest feet? The smallest? Measure them with cubes, line them up, count them!

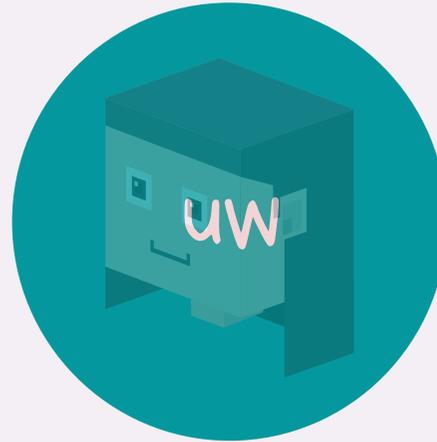
Recognising numbers

How many eyes do you have? Ears? Knees? Head? Toes? Put number labels on body part photos.



Role Play

Provide a Dr's role play with dolls and encourage children to use the names of body parts in their play.



Baby Wash

Provide a baby washing station- good chance to discuss hygiene, being healthy and body parts.

Self Portraits

Create self portraits using mirrors. Encourage close observation skills.